Roy and Gabbie met when they were students at Pace University in New York. Both subsequently worked in the IT industry for many years. In their parish church of St. Mary in Ridgefield, CT, the Peterson family regularly attended Mass together, two of their children serving as acolytes. There, Roy was a founding member of the parish's Saturday morning men's ministry for 3 years, until the family relocated to NJ.

Roy joined the Knights of Columbus on Nov. 17, 2007 as a member of Dr. McDowell Council 2248, at Holy Family Church in Florham Park, NJ. He served variously as an Inside and Outside Guard for 11 years. An active member of that council, he participated in Tootsie Roll drives, pancake breakfasts, St. Patrick's Day dinners, Lenten fish-fries, and walk/run Turkey Trots to raise funds for various benevolent causes. Roy initiated and, for 5 years, coordinated the council's Keep Christ in Christmas campaign.

At Holy Family, Roy, Gabbie, and their son were extraordinary Eucharistic ministers, while Roy ushered for 5 years. Additionally, Roy and Gabbie participated in the parish's pre-Cana program for two years, and, with one of their daughters, taught CCD for 2 years. Roy helped set-up and dismantle the Holy Family annual craft fair, during the first weekend in December, and then, subsequently, its Nativity creche. Gabbie coordinated the Holy Family women's bible retreat for 3 years, and counted the Sunday collection for 2 years. She was one of the founding members of the Holy Family women's Sharing And Learning Together ministry. In addition, the whole family has helped to organize fund-raising walks that raise awareness of causes including Spina Bifida, Cancer and Leukemia.

After moving to Rehoboth Beach, Roy transferred to Star of the Sea Council in Sept. 2019, where he has regularly attended business meetings while, Gabbie took that time to get to know some of the other wives of Knights. Roy has worked at the Knights' community breakfasts and, with Gabbie, some of the Lenten post-stations of the cross meals. Roy helped to dismantle the Nativity creche after Christmas and participated in the Star of the Sea Council 7297 Tootsie Roll campaign to support people with intellectual disabilities. In Nov. 2020, he became a 4th Degree Knight, joining the local Fr. Vincent R. Capodanno Assembly.

Roy is currently the chief technology officer for a company in Pennsylvania, that provides life insurance administration for several large carriers. Gabbie is now a human resources representative for a NJ-based franchise/restaurant owner. Their oldest daughter lives in CT with her husband and two children. Their other daughter lives locally, works in the hospitality industry, and volunteers at Beebe Healthcare. Their son works for an insurance agency in MD, where he resides. When not working, Roy and Gabbie like to go to the beach and travel, especially to visit their two grandchildren in CT.

The Peterson family serves as a model of Catholic family values.